

# Active Together!

## Transitions, Recreation & Life Skills

### What?

An after school recreation program for Holland Bloorview clients. Participants will engage in gym games and activities to keep their bodies and minds active. Volunteer support will be provided.

### When?

Tuesdays, Sept 27<sup>th</sup> – November 1<sup>st</sup>  
4:30-5:45pm



A virtual intake/goal setting session will also be arranged with each participant & caregiver prior to the start of the program.

### Who? *Participants must have a disability and be:*

- 7 – 12 years of age
- Able to follow instructions and adhere to Covid-19 protocols (eg., wearing a mask, maintaining distance)
- Interested in participating in activities related to physical activity, group participation and socialization

### Where?

Holland Bloorview Kids Rehabilitation Hospital – **Gymnasium**  
150 Kilgour Rd, Toronto, Ontario

**Cost: \$60.00**

**Applications:** Deadline for submission: September 20<sup>th</sup>, 2022

### Notes:

- Space is limited and you must register to join

### CONTACT

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