

## Foundational Family Services

A list of Organizations that provide Family Foundational Services and the programs they offer.

You can choose to access these services at any point based on your needs, at no cost. There are no limits to the number of times you can register for these services.

You can access foundational family services from any of the providers listed below – regardless of where you live. You can also choose to access services from multiple providers to meet your family’s needs, including virtual and in-person services, where available.

Visit the OAP site: <https://www.ontario.ca/page/ontario-autism-program-foundational-family-services>

### Region: Western

Name	Services Offered
<p><a href="#">Bethesda Community Services</a></p> <p>Thorhold, ON</p>	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Caregiver Support Group</li> <li>• In-person Family Nights</li> <li>• Sibling Support Group</li> <li>• Peer Mentorship Program</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• How to talk to your child about their diagnosis</li> <li>• Sensory and Processing Behaviour</li> <li>• Improving Communication</li> <li>• Desensitization</li> <li>• Nonviolent Crisis Intervention</li> <li>• Understanding Trauma</li> </ul> <p>Workshops for Teens:</p> <ul style="list-style-type: none"> <li>• Anxiety Workshop</li> <li>• Internet Safety Workshop</li> <li>• Relationship and Sexuality Workshop</li> <li>• Puberty Workshop</li> </ul> <p>Introduction to Teaching:</p> <ul style="list-style-type: none"> <li>• Power of Play</li> <li>• Improving Sleep</li> <li>• Effectively Using Visual Schedules</li> </ul>
<p><a href="#">Haldimand-Norfolk REACH</a></p> <p>Townsend, ON</p>	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Family night</li> <li>• Parent training workshops</li> <li>• Positive Parenting Program (Triple P)</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• Learn about ASD</li> <li>• General ABA strategies</li> <li>• Build new skills (toileting, etc.)</li> <li>• Play skills and social skills</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Life changes (moving, separation, etc.)</li> <li>• Starting school</li> <li>• Going to High School</li> </ul>

	<ul style="list-style-type: none"> <li>• Moving to a new school</li> </ul>
<a href="#">McMaster Children's Hospital/ Ron Joyce Children's Health Centre</a> Hamilton, ON	<p>To register for Foundational Family Services, email <a href="mailto:autismprogram@hpsc.ca">autismprogram@hpsc.ca</a> or call 905-521-2100 ext. 78972</p>
<a href="#">Lansdowne Children's Centre</a> Brantford, ON	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Triple P Parenting Groups</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• OAP Information Workshop</li> <li>• Language and Communication Workshop</li> <li>• Toileting Workshop</li> <li>• Intro to Behaviour Virtual Workshops</li> <li>• Strategies and Tips for Managing Behaviours</li> <li>• Internet Safety Workshops</li> </ul> <p><b>Family Resource &amp; Clinic Days</b></p> <ul style="list-style-type: none"> <li>• Drop in Social Groups (for Youth and Teens)</li> <li>• Circle Time (for Toddlers)</li> </ul>
<a href="#">TVCC and John McGivney Children's Centre</a> London, ON	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Parents Talking Across the Spectrum (PTAS)</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• A Parent Education Series (learning about ABA)</li> </ul> <p>Presentations for Caregivers:</p> <ul style="list-style-type: none"> <li>• What is ABA?</li> <li>• Autism Diagnosis: Now What?</li> <li>• Autism &amp; Behavioural Services at TVCC</li> <li>• Building Skills Through Play</li> <li>• Caring For You</li> <li>• Communication Across the Day</li> <li>• Cooperation 101</li> <li>• Emotional Regulation</li> <li>• Finding Motivation 101</li> <li>• Safety &amp; Autism</li> <li>• Toilet Training 101</li> <li>• Understanding Challenging Behaviours</li> </ul> <p>Individual Consults Available</p>

### Region: Central

Name	Services Offered
<a href="#">Catulpa Community Support Services</a> Barrie, ON	<p>Offers Foundational Family Services webinars discussing events in Simcoe County. Open to anyone registered with OAP.</p>
<a href="#">Community Living North Halton</a> Milton, ON	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Meet with a Behaviour Clinician to review Parent's Guide to Supporting Siblings of children with ASD</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Toilet Learning</li> </ul>

	<ul style="list-style-type: none"> <li>• Increasing Independence and Life Skills</li> <li>• ABA for Caregivers</li> <li>• Using Visuals to Support Routines</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• Meet with a clinician to target a skill you want to increase/ decrease across 3, 1 hour sessions</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Clinicians will support families experiencing school based transitions, transitioning to adulthood, etc.</li> </ul> <p><b>Family Resource and Clinic Days</b></p> <ul style="list-style-type: none"> <li>• Meet with a BCBA or behavioural clinician to discuss challenges/ skills to develop</li> </ul>
<p><a href="#">Dufferin Child and Family Services</a></p> <p>Orangeville, ON</p>	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Behaviour Basics</li> <li>• Toilet Training/ Learning</li> <li>• How to Help your Child Sleep</li> <li>• Introducing New Foods/ Picky Eaters</li> <li>• Independent Living Skills Series</li> <li>• The Caregiver’s Journey</li> <li>• Coffee Chat</li> <li>• Homework Helper Tips</li> <li>• Next Steps of Receiving a Diagnosis</li> </ul>
<p><a href="#">ErinoakKids Centre for Treatment and Development</a></p> <p>Mississauga, ON</p>	<ul style="list-style-type: none"> <li>• Virtual Learning Hub</li> <li>• Virtual Preteen and Teen Social Connect Groups</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Developing Communication Skills</li> <li>• Intro to ABA</li> <li>• Intro to Virtual Care</li> <li>• Learning to Play</li> <li>• One Bite at a Time (Feeding)</li> <li>• Sleep Solutions</li> <li>• Teaching Daily Living Skills</li> <li>• Toilet Learning</li> <li>• Understanding Behaviour</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• Post-Diagnostic Consultation Stream</li> </ul>
<p><a href="#">Kerry's Place Autism Services</a></p> <p>Aurora, ON</p>	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Support Group for Siblings</li> <li>• Keeping Connections for Children and Youth with ASD</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Caregiver Nonviolent Crisis Intervention</li> <li>• Ontario Autism Program</li> <li>• Fundamentals of ASD</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Exploring Pathways Beyond Teen Years</li> </ul>
<p><a href="#">KidsAbility</a></p> <p>Waterloo, ON</p>	<ul style="list-style-type: none"> <li>• Caregiver Workshops &amp; <a href="#">Resources</a></li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• Ask the ABA Team</li> </ul>
<p><a href="#">Kinark Child and Family Services</a></p>	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Teaching with ABA</li> </ul>

<p>Markham, ON</p>	<ul style="list-style-type: none"> <li>• More Play, Fewer Struggles</li> <li>• Parent’s Guide to Bullying</li> <li>• Water and Road Safety</li> <li>• Intro to Toilet Training</li> <li>• Ask an OT</li> <li>• Ask a Psychologist</li> <li>• Preparing for Medical and Dental Appointments</li> <li>• Building Healthy Sleep Routines</li> </ul> <p><b>Consultations for:</b></p> <ul style="list-style-type: none"> <li>• Healthy sleep and establishing a bedtime routine</li> <li>• Healthy eating and expanding the variety of foods your child eats</li> <li>• Preparing your child for routines and transitions</li> <li>• Early communication skills</li> <li>• School collaboration Self-care and daily living routines (supporting your child with a tooth brushing/handwashing/hair brushing routine)</li> <li>• Helping your child learn self-management skills</li> <li>• How to start toilet training your child</li> <li>• Teaching your child basic safety skills</li> <li>• Developing your child’s social skills</li> <li>• Managing meltdowns</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Transition to Kindergarten</li> <li>• Teaching Functional Life Skills</li> <li>• Transition to High School</li> <li>• Preparing for Life after High School</li> <li>• Ask a School Consultant</li> <li>• Transition to Adulthood</li> </ul> <p><b>Family Resource &amp; Clinic Days</b></p> <ul style="list-style-type: none"> <li>• Beyond OAP: Accessing Regional Resources</li> </ul>
<p><a href="#">Mackenzie Health</a></p> <p>Richmond Hill &amp; Barrie, ON</p>	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• The relationship between ASD and Mental Health</li> <li>• Assessing and treating challenges with sleep</li> <li>• Factors that influence my child’s behaviour</li> <li>• Criminal Justice System 101</li> <li>• Measuring Success</li> <li>• Grief</li> <li>• Understanding &amp; Identifying Functions and Prevention strategies for problem behaviours</li> <li>• Importance of teaching healthy sexuality and boundaries</li> <li>• Trauma informed Supports</li> <li>• ABA Overview</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• 3 consultations with a behaviour consultant</li> </ul> <p><b>Family Resource and Clinic Days</b></p> <ul style="list-style-type: none"> <li>• Behaviour Resource Day</li> </ul>
<p><a href="#">Reach Out Centre for Kids</a></p> <p>Burlington, ON</p>	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• OAP Teen Drop In</li> <li>• Caregiver Café and Play Together</li> <li>• Sibshop (for siblings of children with ASD)</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• OAP: Next Steps</li> </ul>

	<ul style="list-style-type: none"> <li>• No Tears Toilet Training</li> <li>• Managing Challenging Behaviours</li> <li>• Intro to ABA</li> <li>• Coping with Big Emotions</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Transition to Adulthood</li> </ul>
<p><a href="#">Sunbeam Developmental Resource Centre</a></p> <p>Kitchener, ON</p>	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Drop in groups facilitated by Social Workers</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Tips for Guardians of Individuals with ASD</li> <li>• ASD &amp; Social Communication Skills</li> <li>• Apps for Communication &amp; Learning</li> <li>• Financial Supports</li> <li>• Helping Individuals with ASD Navigate the Social World</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• SLP Clinic – individual 1 hour virtual clinic for clients 6 and up</li> <li>• “Ask an SLP” Clinic for clients 6 and under</li> <li>• Behaviour Clinic – individual 1 hour clinic to support behaviour concerns</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Preparing for transition to Adulthood</li> </ul> <p><b>Family Resource and Clinic Days</b></p> <ul style="list-style-type: none"> <li>• Developmental Services</li> <li>• Community Services</li> <li>• Funding Options and Financial Supports</li> <li>• Leisure/Recreation</li> <li>• Respite Options</li> <li>• School Supports</li> </ul>
<p><a href="#">Woodview Mental Health and Autism Services</a></p> <p>Burlington, ON</p>	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Autism Workshops</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• Discuss services available to suit the needs of your child</li> </ul> <p><b>Family Resource and Clinic Days</b></p> <ul style="list-style-type: none"> <li>• Clinic Appointments – 1 hour appointment based on specific area of need (toileting, etc.)</li> </ul>
<p><a href="#">York Support Services Network</a></p> <p>Aurora, ON</p>	<p>This site offers information sessions on the available Foundational Services in the area (only open to those in the catchment area)</p>

**Region: Northern**

Name	Services Offered
<p><a href="#">Child &amp; Community Resources</a></p> <p>Sudbury, ON</p>	<p><b>Family and Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Sibshops (for siblings of children with ASD)</li> <li>• Social Groups</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Transitions Made Easy</li> <li>• Intro to ABA</li> <li>• Building social skills</li> <li>• Confidence and Bullying Prevention</li> </ul>

	<ul style="list-style-type: none"> <li>• Triple P</li> <li>• Understanding AAC</li> <li>• Navigating a Diagnosis</li> <li>• Learn to Toilet Train</li> <li>• Conversation Cues</li> <li>• Managing Challenging Behaviours</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• Multi-disciplinary Clinic with Caregiver Training (work with OT, SLP, BCBA)</li> <li>• Pretend Play &amp; Language Assessment &amp; Consult</li> <li>• Direct BCBA Consultation and Caregiver Coaching</li> <li>• Short-Term Individual Counselling for Caregivers and Adolescents</li> <li>• Consults with a SLP, and/or OT</li> </ul>
<p><a href="#">Hands The Family Help Network</a></p> <p>North Bay, ON</p>	<p><b>Family Support Groups:</b></p> <ul style="list-style-type: none"> <li>• Caring for Caregivers</li> <li>• Sibshops (for siblings of children with ASD)</li> <li>• Teen Connect</li> </ul> <p><b>Caregiver Workshops:</b></p> <ul style="list-style-type: none"> <li>• ASD for Siblings and Little Friends</li> <li>• Autism &amp; Mental Health</li> <li>• Body Changes</li> <li>• Building Independence and Self-Advocacy</li> <li>• Combating Sleep Issues</li> <li>• Foundations of Communication</li> <li>• Introduction to ABA</li> <li>• Picky Eaters – Feeding</li> <li>• School Readiness</li> <li>• Toilet Training 101</li> <li>• Tools for Communication</li> </ul> <p><b>Autism Consultations</b></p> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Transition to Adulthood</li> <li>• Transition to High School</li> </ul> <p><b>Autism Clinics</b></p> <ul style="list-style-type: none"> <li>• Fun with Food</li> <li>• Healthy Bodies</li> <li>• Learning to Play</li> <li>• Let’s get Social</li> <li>• Let’s get Working</li> <li>• Social Discoverers</li> <li>• Teen Chats</li> <li>• Transition to Adulthood</li> </ul>
<p><a href="#">One Kids Place Children’s Treatment Centre</a></p> <p>North Bay, ON</p>	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Pre-Recorded Seminars</li> </ul> <p>Individual &amp; Group Workshops:</p> <ul style="list-style-type: none"> <li>• Intro to ASD</li> <li>• Intro to ABA</li> <li>• Challenging Behaviour</li> <li>• Toileting</li> <li>• Sexuality</li> </ul>

	Brief Targeted Consultations Available Transitional Supports Available
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	Family Resource Clinics Available
<a href="#">FIREFLY</a> Kenora, ON	<ul style="list-style-type: none"> <li>• ABA Behavioural Consultation</li> <li>• For more information on services offered, contact the centre</li> </ul>
<a href="#">George Jeffrey Children's Centre</a> Sault Ste Marie, ON	<ul style="list-style-type: none"> <li>• Contact Centre for available programs and services</li> </ul>

**Region: Eastern**

Name	Services Offered
<a href="#">Canopy Support Services</a> Peterborough, ON	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Parent Support Groups</li> <li>• Social Skills Hangouts</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Early Communication Strategies</li> <li>• Planning for Respite</li> <li>• Tackling Toileting</li> <li>• Managing Anxiety</li> <li>• Navigating the OAP</li> <li>• Expanding your Child's Language</li> <li>• Optimistic Parenting</li> <li>• Winding Down – Sleeping</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Teens Entering the Working World</li> </ul> <p>Also offers Lego Nights &amp; Craft Nights for Children</p>
<a href="#">Children's Hospital of Eastern Ontario (CHEO)</a> Ottawa, ON	<p><b>Social Skills Groups:</b></p> <ul style="list-style-type: none"> <li>• Chill &amp; chat</li> <li>• Let's Play Together</li> <li>• Maker Space</li> <li>• Minding your Mood</li> <li>• Science Club</li> <li>• Social Skills training for Parents &amp; Children</li> <li>• Super circle</li> <li>• Supporting siblings</li> <li>• Tips for Teens</li> </ul>

	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Anxiety</li> <li>• Teaching Change to those with ASD</li> <li>• Communication Community Safety</li> <li>• Daily Living Routines</li> <li>• Emotional Regulation</li> <li>• Expanding Communication</li> <li>• Puberty/ Sexuality</li> <li>• Home Safety</li> <li>• Increasing Co-operation at home</li> <li>• Intro to ABA</li> <li>• Intro to ASD</li> <li>• Online safety</li> <li>• Food Selectivity – Feeding</li> <li>• Reducing Screen Time</li> <li>• Showering</li> <li>• Teaching social communication</li> <li>• Toileting</li> </ul> <p><b>Brief Targeted Consultations</b></p> <ul style="list-style-type: none"> <li>• In Person 3 part social skills training for children and youth</li> <li>• Supporting your journey</li> <li>• ASD Journeys</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Navigating the school system</li> <li>• New/Returning to school</li> <li>• Sleep solutions workshop and consult</li> <li>• Teen life skills</li> <li>• Transition to Adulthood</li> <li>• Transition for Preschoolers</li> <li>• Kindergarten readiness</li> </ul> <p><b>Clinic Days</b></p>
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<p><a href="#">Counselling Services of Belleville and District</a></p> <p>Belleville, ON</p>	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Wearing a Mask</li> <li>• Picky Eating</li> <li>• Homeschooling</li> <li>• Toilet Training</li> <li>• Social and Play Skills</li> <li>• Functions of Behaviour</li> <li>• Intro to ASD</li> </ul> <p>Parent Education:</p> <ul style="list-style-type: none"> <li>• Reinforcement &amp; pairing</li> <li>• Understanding Behaviour</li> <li>• Teaching new skills and increasing behaviour</li> <li>• Anxiety in Children &amp; Youth in ASD</li> </ul>
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<p><a href="#">Grandview Children's Centre</a></p> <p>Oshawa, ON</p>	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Communication Success</li> <li>• Self-Regulation</li> <li>• Intro to Toilet Training</li> <li>• What is ABA?</li> <li>• Social Skills</li> </ul>
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	<b>Family Resource and Clinic Days</b> <ul style="list-style-type: none"> <li>• ABA at Home</li> </ul>
<a href="#">ConnectWell Community Health</a> Carleton Place, ON	<b>Family &amp; Peer Mentoring</b> <ul style="list-style-type: none"> <li>• Sibshops</li> </ul> Caregiver Pre-Recorded Workshops <b>Virtual Consultation Clinics</b> <ul style="list-style-type: none"> <li>• Psychological Consultation Clinic</li> <li>• Brief Solution-Focused Counselling Clinics</li> </ul>
<a href="#">Maltby Centre</a> Kingston, ON	<b>Family &amp; Peer Mentoring</b> <ul style="list-style-type: none"> <li>• Teen Hangout</li> <li>• Playgroup Time</li> <li>• Siblings &amp; Autism</li> <li>• Kick Back, Share &amp; Chat Group</li> </ul> <b>Caregiver Workshops</b>
	<ul style="list-style-type: none"> <li>• Mental Health Events</li> <li>• Why Use Visual Supports</li> <li>• Accessing Respite Services</li> <li>• ASD &amp; Puberty</li> <li>• Teaching Toileting</li> </ul> <b>Brief Targeted Consultations Offered</b> <b>Transition Supports</b> <ul style="list-style-type: none"> <li>• Transition to Adulthood</li> </ul>
<a href="#">Lake Ridge Community Support Services</a> Whitby, ON	<b>Family &amp; Peer Mentoring</b> <ul style="list-style-type: none"> <li>• Family &amp; Peer Mentoring via Facebook</li> <li>• Learn, Explore &amp; Play (6 &amp;under)</li> <li>• Caregiver, Parent &amp; Peer Mentoring Groups</li> <li>• SibChat</li> </ul> <b>Caregiver Workshops</b> <ul style="list-style-type: none"> <li>• On-demand Family &amp; Caregiver Workshops and Resources</li> <li>• Navigating the Education System</li> <li>• Crisis Prevention &amp; Management for Caregivers</li> </ul> Brief Targeting Consults with a Behaviour Consultant

### Region: Toronto

Name	Services Offered
<a href="#">Kerry's Place</a> Toronto, ON	<b>Family &amp; Peer Mentoring</b> <ul style="list-style-type: none"> <li>• Support Group for Siblings</li> <li>• Keeping Connections for Children and Youth with ASD</li> </ul> <b>Caregiver Workshops</b> <ul style="list-style-type: none"> <li>• Caregiver Nonviolent Crisis Intervention</li> <li>• Ontario Autism Program</li> <li>• Fundamentals of ASD</li> </ul> <b>Transition Supports</b> <ul style="list-style-type: none"> <li>• Exploring Pathways Beyond Teen Years</li> </ul>
<a href="#">Lumenus</a>	<b>Family &amp; Peer Mentoring</b> <ul style="list-style-type: none"> <li>• Triple P</li> </ul>

Toronto, ON	<p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Challenging Behaviours</li> <li>• Toilet Training Strategies</li> <li>• Learning to Play</li> <li>• Teaching Social Skills</li> <li>• Navigating ASD Supports in ON</li> <li>• Understanding ASD</li> <li>• Teaching Early Communication</li> <li>• Autism &amp; Sleep</li> <li>• Cyber Safety</li> <li>• Nutrition Strategies (Feeding)</li> <li>• ABA Made Easy</li> <li>• Funding Forms Support</li> <li>• Puberty &amp; ASD</li> </ul> <p><b>Supporting Transitions</b></p>
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<p><a href="#">Surrey Place</a></p> <p>Toronto, ON</p>	<p><b>Family &amp; Peer Mentoring</b></p> <ul style="list-style-type: none"> <li>• Caregiver Connect: A Parent Support Group</li> <li>• Group Teen Triple P</li> <li>• Triple P</li> </ul> <p><b>Caregiver Workshops</b></p> <ul style="list-style-type: none"> <li>• Supporting Executive Functioning Skills</li> <li>• Teaching Early Communication Skills</li> <li>• Intro to ASD</li> <li>• Parent Advocacy</li> <li>• Strategies for Teaching Early Play Skills</li> <li>• Getting Started with Toilet Training</li> <li>• Eating and Mealtime Routines (Feeding)</li> <li>• Healthy Sleep Habits</li> <li>• Orientation to OAP</li> <li>• Supporting Social Skills</li> <li>• Foundations of ABA</li> <li>• ABA Essentials for Caregivers</li> <li>• Coping with a Diagnosis</li> <li>• Dealing with Challenging Behaviours</li> <li>• How to Teach Emotional Regulation</li> <li>• Increasing Daily Living Skills</li> <li>• Preparing your child to be home alone</li> </ul> <p><b>Transition Supports</b></p> <ul style="list-style-type: none"> <li>• Transitioning to Adulthood</li> <li>• Supporting Transitions</li> <li>• Transitioning to Post-Secondary School (Caregiver &amp; Teen Groups)</li> </ul> <p><b>Family Resource Clinic Day</b></p>
<p><a href="#">Strides Toronto</a></p> <p>Toronto, ON</p>	<p>Contact Autism Intake at Strides for Foundational Services being offered.</p>