

Referral Criteria – Living Independently Fully Engaged (LIFEspan) Ambulatory Care

The LIFEspan Service was developed jointly by Holland Bloorview Kids Rehabilitation Hospital and UHN-Toronto Rehab and is designed to help youth and young adults with childhood-onset disabilities transition to adult services.

The LIFEspan Service provides support and education to achieve optimal health and wellness. The clinic at Holland Bloorview focuses on engaging youth and families to prepare for the changes in health care, funding, academics, and community resources. The team at Holland Bloorview is nurse practitioner led and has a social worker, youth facilitator and life skills coach.

The adult clinic at UHN-Toronto Rehab provides a single point of access for consultative and coordinated rehabilitation services. Referrals are accepted from Holland Bloorview only for those youth who are over 18 years old and have cerebral palsy or an acquired brain injury. Services at UHN-Toronto Rehab can include assessment, consultation and intervention from various disciplines including medical (physiatry, nurse practitioner), occupational therapy, physiotherapy, social work, speech-language pathology, youth facilitator and life skills coach.

In order to be eligible for this service a **Physician/Specialist** preferred **referral is required** and the client must meet **all** the following criteria:

- Live in the Toronto area
- Is between the ages of 14-16 (at the time of referral)
- Has a diagnosis of Cerebral Palsy or other neuromotor challenge

**** The client/family must be aware of the referral***

Please use the referral form online at: hollandbloorview.ca/referrals

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